

Camille Acquatella

Mr. Speice

Independent Study Mentorship

21 March 2019

The Administrative Side

Assessment 18- Mentor Visit

Mentor: Dr. Falla

Profession: Neuropsychologist

Location: Neuropsychology Consultants

Date: 3/19/19

Time: 3:00-4:00 pm

Assessment:

This mentor visit, Dr. Falla said there were some things that needed to be done around the office specifically at the front desk and told me to come in to learn about the administrative side of running one's own private practice. During this visit, I was able to learn about the importance of archiving charts and medical records and how to organize patient records in the correct order. In addition to learning about how to properly archive medical records, I learned about the different types of neuropsychological tests and what their functions are. I was able to see examples of them too to get a feel of how to use and administer them.

Upon arriving at the mentor visit, Dr. Falla sent me to work with her assistant while she finished up a feedback session. Working with her assistant was a great opportunity, I was able to make connections with a new person as well as learn from their experiences as well. Working at

the front desk was very different, obviously, then working clinical interviews or feedback sessions. Nevertheless, the work that is done there is essential to keep the business organized and protecting the confidentiality rights of patients. It was very interesting to learn about the other aspects of neuropsychology, I always chose to focus more on the diagnosing and treatment aspect of the field and not so much the other aspects of running a private practice. I learned other important skills that neuropsychologists and all psychologists need to possess such as organization and methodology. Especially in a private practice, one is responsible for their patients and not a higher authority. Therefore, Dr. Falla's assistant taught me the proper way to organize a patient's medical records and how to file them as well. He explained that Dr. Falla has a specific order that works most efficiently it goes: 1) neuropsychological report; 2) parent report; 3) teacher report; 4) medical records; 5) IQ test; 6) Attention test; 7) Memory test; 8) Executive functioning test; 9) Rating scales; 10) Depression and anxiety test. This information was extremely helpful if in the future, I end up pursuing opening up a private practice; there are many differences between clinical psychology and private practice psychology. Business and administrative skills such as the ones I learned during this mentor visit are essential to the success of opening up one's own business.

In addition to learning about the archival and organization of medical records, I also was able to see samples and learn about the different kinds of psychological tests Dr. Falla used to test patients. This part of the mentor visit was the most helpful for helping my research for the final product. Disruptive Mood Dysregulation Disorder or DMDD, is a relatively new disorder I am studying for the final product; because of this, there are not many tests known to produce the results that will diagnose DMDD. Having knowledge about different kinds of psychological tests

will help me take certain characteristics found in patients with DMDD that match with results that can be yielded from those tests. I could include suggestions about what kinds of psychological tests would be the most helpful and accurate to use when diagnosing and treating DMDD in the treatment plan I will be creating for the final product. Among all the tests I learned about, I came to the conclusion that the most effective tests that would yield accurate results in testing a child for DMDD would be a Depression and Anxiety test and the NEPSY (Developmental Neuropsychological Assessment) for executive functioning skills. This is due to the symptoms of DMDD are very similar to those of children with anxiety, or other mood disorders, as well as the impulsivity found in children with ADHD.

Mentor Visit Notes

- Neuropsychological report
- Parent report
- Teacher report
- Medical records
- Wechsler Intelligence Scale for Children (WISC)
 - IQ
- Continuous Performance Task (CPT)
 - Attention
- A Developmental NEuroPSYchological Assessment (NEPSY)
 - Executive functioning skills
- Behavioral Assessment System for Children (BASC)
 - Parent and teacher rating scales
- Behavior Rating Inventory of Executive Function (BRIEF)
 - Rating scale self reflective
- Children's Depression Inventory (CDI)
 - Depression
- Revised Children's Manifest Anxiety Scale (RCMAS)
 - anxiety